

# MEMBERSHIP PRIVILEGES

Adult fitness classes  
Large double gymnasium  
Six-lane swimming pool  
Racquetball court  
Indoor and Outdoor  
Pickleball courts  
Two tennis courts—with  
Pickleball lines  
Weight training facility  
with machines,  
dumbbells, and  
adjustable weights  
Rock Steady Boxing  
T-ball/Soccer/Softball fields  
Free babysitting hours  
Spinning  
Fitness center with state-of-  
the-art strength and  
cardio equipment  
One-mile outdoor fitness trail  
and StoryWalk™  
Variety of Fitness Classes  
Outdoor play area  
New Fitness Area off the  
free-weight room

## YMCA HOURS

Monday-Friday 6 a.m.–8 p.m.  
Pool Hours 6 a.m.–8 p.m.  
Saturday 7 a.m.–noon  
Sunday CLOSED\*

## BABY SITTING HOURS

Monday-Friday 8 a.m.–11 a.m.  
Monday-Thurs. 4–7 p.m.



**BOB FREESSEN YMCA**  
1000 Sherwood Eddy Lane  
Jacksonville, IL 62650  
P 217-245-2141  
[www.jacksonvilleymca.org](http://www.jacksonvilleymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BOB FREESSEN YMCA MEMBERSHIP

## RATES AND LEVELS 2023

BOB FREESSEN YMCA



# MEMBERSHIP

## FITNESS

The Fitness membership includes use of the Bob Freesen YMCA grounds, including our outdoor fitness trail, indoor and outdoor pickleball courts, outdoor tennis courts, a racquetball court, the gym, swimming pool, free weight room, locker rooms, and fitness center.

The fitness center contains cardiovascular exercise equipment including treadmills, elliptical machines, recumbent bikes and Stairmasters, as well as a circuit area with weight machines. This area is for members in high school and older. Junior High members are allowed in the fitness room with fitness staff approval.

Members can also participate in adult fitness classes, senior classes and many more.

## TRIANGLE CENTER

Triangle Center membership includes all aspects of the Basic membership, plus use of the men's and women's Triangle Center. This is a special membership center that offers separate men's and women's areas. Triangle memberships are available to any adult, age 18 and over. Family Triangle members under the age of 18 may use the Triangle Centers when accompanied by an adult family member. The area includes a sauna, private lockers, lounge and grooming area.



## MEMBERSHIP RATES

### FITNESS

	Monthly	Annual
Youth (to 8th grade)	\$25	\$300
HS/College (full-time)	\$30	\$360
Adult	\$40	\$480
Couple	\$60	\$720
Household	\$70	\$840

### TRIANGLE

Adult	\$65	\$780
Couple	\$75	\$900
Household	\$90	\$1080

### Joining Fee:

There is a one time activation fee of \$25 if you choose monthly payment. If you choose to bank draft, credit card draft, or pay annually this fee is waived.

### Discounts:

#### Corporate

Corporate discounts are available through many local employers. Check with your company to see if you are eligible for a corporate discount.

#### Military

Active military members can take 10% off the membership of their choice.

#### Senior

Adults age 62 and older may take 10% off the membership of their choice.

#### SilverSneakers Program

Bring your insurance card with proof of SilverSneakers membership and the friendly staff will help you get registered as a YMCA member. Then each time you enter, log into the YMCA keypad.