

YMCA POOL SCHEDULE – APR. 2022

NOTE: LAP LANES ARE AVAILABLE ON A FIRST-COME-FIRST-SERVE BASIS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-8:30a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	THE Y IS CLOSED ON SUNDAYS
8:30-9:30a	AQUA FIT (5) 8:30-9:15 Lap Lanes (1)	AQUA FIT (5) 8:30-9:15 Lap Lanes (1)	AQUA FIT (5) 8:30-9:15 Lap Lanes (1)	AQUA FIT (5) 8:30-9:15 Lap Lanes (1)	AQUA FIT (5) 8:30-9:15 Lap Lanes (1)	Lap Lanes (6)	
9:30-11:00a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	
11-noon	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	
Noon-1p	Lap Lanes (6) Noon-1 p	Lap Lanes (6) Noon-1:30 p	Lap Lanes (6) Noon-1 p	Lap Lanes (6) Noon-1:30 p	Lap Lanes (6) Noon-1 p	Y CLOSING AT NOON	
1-2 p	Lap Lanes (3) SENIOR EXERCISE (3)	Lap Lanes (6)	Lap Lanes (3) SENIOR EXERCISE (3)	Lap Lanes (6)	Lap Lane (3) SENIOR EXERCISE (3)		
2-3p	Lap Lanes (2)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)		
3-4p	Lap Lanes (4) AFTERSCHOOL (2)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (4) AFTERSCHOOL (2)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (4) AFTERSCHOOL (2)		
4-5p	Lap Lanes (6)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (6)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (6)		
5-6p	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (4) SWIM LESSONS (2)	Lap Lanes (6) 5-7 p		
6-7p	AQUA FIT Lap Lanes (2) SWIM LESSONS (4)	AQUA FIT Lap Lanes (2) SWIM LESSONS (4)	AQUA FIT Lap Lanes (2) SWIM LESSONS (4)	AQUA FIT Lap Lanes (2) SWIM LESSONS (4)	Lap Lane (6) 5-7 p		
							Y CLOSED SUNDAYS

If you have questions, please ask the lifeguard on duty or the aquatics director.

Lifeguarding class sign-ups begin April 18: Class Starts: Sunday, May 15 at 1 p.m. (Expect to swim that day for swim test and begin class – Both Recertification Lifesaving Class and Full Lifesaving Class offered.) For more information talk to the front desk or aquatics director, Danielle.

Summer Swim Team will start mid/end of May.



(Within the parentheses are the number of lanes available)
During the week, holidays & between lessons, lap swim will be offered if no make-up lessons are needed.
If you have any questions, please check with the guard on duty or front desk.