

# YMCA POOL SCHEDULE – August 2024

**NOTE: LAP LANES ARE AVAILABLE ON A FIRST-COME-FIRST-SERVED BASIS**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Opens 7 a	Sunday Closed
6-8:30a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	THE Y IS CLOSED ON SUNDAYS
8:30-9:30a	<b>Aqua Fit (5)</b> 8:30-9:15 Lap Lanes (1)	<b>Aqua Fit (5)</b> 8:30-9:15 Lap Lanes (1)	<b>Aqua Fit (5)</b> 8:30-9:15 Lap Lanes (1)	<b>Aqua Fit (5)</b> 8:30-9:15 Lap Lanes (1)	<b>Aqua Fit (5)</b> 8:30-9:15 Lap Lanes (1)	Lap Lanes (6)	
9:30-11a	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (4) Roult Swim Team (2)	
11-noon	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (2) Open Swim (4)	
Noon – 1p	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (2) Open Swim (4)	
1-2p	Lap Lanes (2) Senior Exercise (4)	Lap Lanes (6)	Lap Lanes (2) Senior Exercise (4)	Lap Lanes (6)	Lap Lanes (2) Senior Exercise (4)	Lap Lanes (2) Open Swim (4)	
2-3 p	Lap Lanes (2) Open Swim (4)	Lap Lanes (2) Open Swim (4)	Lap Lanes (2) Open Swim (4)	Lap Lanes (2) Open Swim (4)	Lap Lanes (2) Open Swim (4)	POOL CLOSES  AT 2	
3-4p	<b>NO Lap Lanes</b> Open Swim/Y Afterschool (4) Roult Swim Team (2)	Lap Lanes (2)  Open Swim 3-3:30 (4)	<b>NO Lap Lanes</b> Open Swim/Y Afterschool (4) Roult Swim Team (2)	Lap Lanes (2)  Open Swim 3-3:30 (4)	<b>NO Lap Lanes</b> Open Swim/Y Afterschool (4) Roult Swim Team (2)		
4-5p	Lap Swim (4) Roult Swim Team (2)	Lap Lanes (6)	Lap Swim (4) Roult Swim Team (2)	Lap Lanes (6)	Lap Swim (4) Roult Swim Team (2)		
5-6p	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (6)	Lap Lanes (2)	Lap Lanes (2) Family Swim (4)		
6-7p	<b>Aqua Fit</b> Lap Lanes (2)	<b>Aqua Fit</b> Lap Lanes (2)	<b>Aqua Fit</b> Lap Lanes (2)	<b>Aqua Fit</b> Lap Lanes (2)	Lap Lanes (2) Family Swim (4)		
7- 8 p	Lap Lanes (2) Family Swim (4)	Lap Lanes (2) Family Swim (4)	Lap Lanes (2) Family Swim (4)	Lap Lanes (2) Family Swim (4)	Lap Lanes (2) Family Swim (4)		

If you have questions, please ask the lifeguard on duty or the aquatics director.



(Within the parentheses is the number of lanes, deep-end, or shallow-end available)  
 During the week, holidays & between lessons, lap swim will be offered if no make-up lessons are needed.  
 If you have any questions, please check with the guard on duty.